

This particular analysis was based upon data from 9,234 Citibank employees over a 2-year period:

“As reported elsewhere, an objective analysis was commissioned by Citibank in 1997 to determine whether the HMP (sic “Health Management Program”) was cost beneficial. Results from the analysis were impressive and consistent with other applications of the Healthtrac program (the vendor chosen for the Citibank HMP). A rigorous financial analysis documented an ROI ranging from \$4.56 to \$4.73 in medical expenditure savings for every dollar invested in the program, depending on the discount rate used in the analysis. A separate, unpublished internal analysis uncovered additional savings resulting from reduced employee absenteeism attributable to the program.”

Excerpted from JOEM May 2000; 42; 5; pages 502-511